



# LIBRARIES WITH HEART



## IRISH YOU'D CHECK ME OUT! BLOOD PRESSURE MONITORING KITS



**KITS INCLUDE:  
DIGITAL BLOOD  
PRESSURE  
MONITOR WITH  
CUFF**



**EDUCATIONAL  
MATERIALS  
ABOUT BLOOD  
PRESSURE**



**EASY TO READ  
INSTRUCTIONS  
IN ENGLISH OR  
SPANISH**

**KITS ARE AVAILABLE FOR CHECKOUT AT ALL  
EMERY COUNTY LIBRARY BRANCHES!**

**YOU MUST BE 18 YEARS OR OLDER WITH A VALID EMERY COUNT LIBRARY CARD AND SIGN  
A PARTICIPANT WAIVER TO CHECK OUT A DIGITAL BLOOD PRESSURE MONITORING KIT.**



**Emery County  
LIBRARIES**



American Heart Association  
**Check. Change. Control.®**